

Healing with Humor Is Topic of Workshop

ACAP Academy of Clinical and Applied Psychoanalysis will hold a workshop, "Healing with Humor," on Friday, January 25, from 7 to 9 p.m. at its Livingston office.

This workshop will introduce participants to a psychodynamic view of the interplay between physical and mental health and the ways humor impacts the psyche and brain. Intervention strategies for building resilience through humor in the face of everyday doldrums, trauma, serious medical crises, chronic illness or injury, and pain management will be described.

ACAP's presenter, Eva Silver, LCSW recently relocated to the East coast after 15 years in Seattle, Washington, where she practiced the art of getting a good laugh every day while running her private practice, serving on the faculty of Northwest Center for Psychoanalysis and on the board of Puget Sound Group Psychotherapy Network. Silver is on the faculty of ACAP, and is in private practice in Livingston.

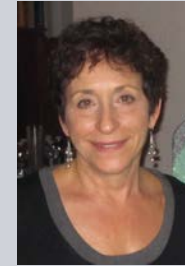
This workshop is approved for Clinical CE hours by NJNASW and NBCC.

A processing fee will be charged.

To reserve a seat, call the ACAP events' office at 973-629-1002 or send an e-mail to events@acapnj.org.

In the event of a snowstorm, check the website at www.acapnj.org or call 973-629-1001.

PRESENTER:



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