



Boston Graduate School  
of Psychoanalysis  
New Jersey

And



ACAP  
Academy of Clinical &  
Applied Psychoanalysis

**FREE**

**SPECIAL GRADUATE DEGREES EVENT**  
**Sunday 12:00 - 5:30pm**

Master of Arts in Mental Health Counseling  
Master of Arts in Psychoanalysis

## **GOOD STUFF**

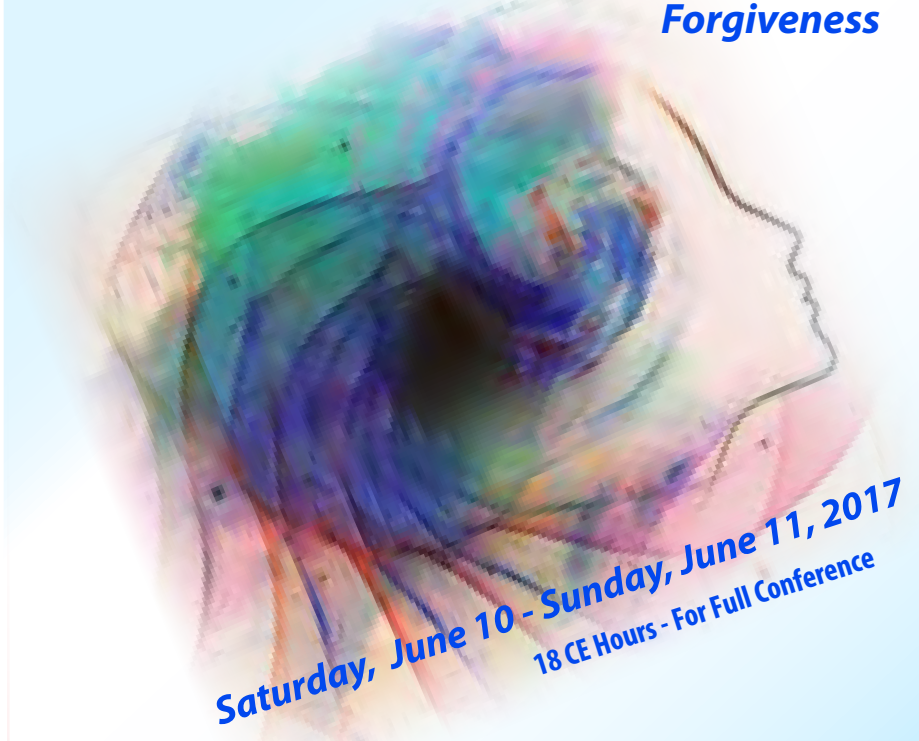
A Conference June 10-11, 2017

Full brochure, CE info, and registration:  
[www.acapnj.org](http://www.acapnj.org) or call: 973-629-1002

**Promoting Potential.  
Transforming Lives.**

# **GOOD STUFF:**

*Generosity, Courage, Gratitude,  
Forgiveness*



**Saturday, June 10 - Sunday, June 11, 2017**  
**18 CE Hours - For Full Conference**

A Weekend with

**Salman Akhtar, MD**

**BGSP-NJ**

co-sponsoring with

**ACAP**

and

**NAAP**

**at Caldwell University, Caldwell, NJ**

20 workshops to choose from  
full brochure, CE info and registration:

[www.acapnj.org](http://www.acapnj.org)

## GOOD STUFF:

### A Weekend with Salman Akhtar

Register at [www.acapnj.org](http://www.acapnj.org)



Boston Graduate School  
of Psychoanalysis  
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And



KEYNOTE PRESENTATIONS  
Saturday & Sunday,  
June 10-11, 2017

## GOOD STUFF:

### Generosity, Courage, Gratitude, Forgiveness

A weekend of Daytime Sessions  
with

### SALMAN AKHTAR, MD

Plus 20 workshops from which to choose,  
and  
Saturday 6:00pm - 8:00pm

Dr. Akhtar sharing his journey living within and beyond  
borders of conflicting cultures followed by dinner together:

*"The Immigrant Experience –  
as an immigrant clinician and as an immigrant patient"*

Please register as early as possible. Workshop choices are reserved on a "first come basis". Questions email [events@acapnj.org](mailto:events@acapnj.org) or call ACAP Events: 973-629-1002 or ACAP Main Office 973-629-1001.

Saturday Keynote 9:00am - 10:40am, 1:30 - 3:10:pm

Sunday Keynote 9:00am - 10:40am, 1:30 - 3:10pm

Opening remarks: Vicki Semel, Patricia Bratt

## GOOD STUFF:

### Generosity, Courage, Gratitude, Forgiveness

This course will be delivered over four 1 hour and 40 minute lecture and Q&A sessions, plus one 1-hour presentation.



The first session will focus on courage, second on generosity, third on gratitude, and the fourth on forgiveness. In each of these sessions, developmental origins of the respective capacities as well as their psychopathologic variants will be discussed. Illustrative vignettes from daily life, culture, and clinical work will be presented in all sessions. While developmental and psychopathological concerns will be raised, the emphasis will remain upon the application of these insights to conducting psychotherapy and psychoanalysis.

Saturday evening Keynote & Dinner 6:00 - 8:00pm

### "The Immigrant Experience – as an immigrant clinician and as an immigrant patient"

This 1-hour session will describe Dr. Akhtar's personal journey as an immigrant from India, and its impact on the course of his work and life. It will highlight the types of resilient functioning needed to navigate this cultural and emotional transition, as well as the challenges. Dr. Akhtar talk is about the ways adapting to new cultures can impact identity, self-esteem, motivation, and relationships. He describes some countertransference issues therapists may have in working with immigrant populations, and strategies to help these clients benefit most from the therapeutic relationship.

Salman Akhtar, MD, is a Professor of Psychiatry at Jefferson Medical College, and Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia. He has served on the Editorial Boards of the International Journal of Psychoanalysis, Journal of the American Psychoanalytic Association, and Psychoanalytic Quarterly. He is currently the Book Review Editor of the International Journal of Applied Psychoanalytic Studies. His nearly 300 scientific publications include 16 solo-authored books. Dr. Akhtar is, most recently, the recipient of the prestigious Sigourney Award (2013).

## Looking for a rewarding new career?

Our partnership with Boston Graduate School of Psychoanalysis brings two new regionally accredited degree programs to New Jersey...

...The Master of Arts in Psychoanalytic Counseling and Master of Arts in Psychoanalysis.

Check them out at [NJ.BGSP.edu](http://NJ.BGSP.edu)

## EARLY BIRD DISCOUNT!

with registration by 5/21/2017

Full conference fee - \$250 (Save \$100)

Saturday \$175 includes lunch/dinner

Sunday \$125 includes lunch/reception

Registration  
- [www.acapnj.org](http://www.acapnj.org) -

973-629-1002 or email [events@acapnj.org](mailto:events@acapnj.org)

### Conference Fees After May 21:

Full 2-day Conference (including keynotes & workshops each day, Lunch Sat/Sun, Saturday dinner, and Sunday reception) = \$350

Saturday = \$200 Including lunch, dinner

Saturday Dinner & Keynote only = \$60

Sunday = \$150 including lunch, reception wine & cheese

CE certificate processing: \$20/day or \$35/full conference

**CONTINUING EDUCATION CREDIT** - 18 CE Credits Full Conference\*. Many of BGSP-NJ/ACAP's and our co-sponsor NAAP's courses and programs are approved for Continuing Education hours by professional organizations, including: NBCC, NJEA, Art Therapists, Marriage & Family Therapists, Guidance Counselors, Social Workers, NY State SW, NY State Licensed Psychoanalysts.

\*Call 973-629-1002 or go to [www.acapnj.org](http://www.acapnj.org) for full CE information.

## CONFERENCE SCHEDULE

### Day 1 Saturday, June 10, 2017

8:15am - 8:45am	Registration, orientation, coffee & muffins
8:50am - 9:00am	Opening Remarks
9:00am - 10:40am	<b>Good Stuff: Generosity</b> - with Salman Akhtar, MD
10:50am - 12:00pm	Workshop Series 1
12:10pm - 1:20pm	Lunch + ACAP/BGSP-NJ Open Discussion
1:30pm - 3:10pm	<b>Good Stuff: Courage</b> - with Salman Akhtar, MD
3:20pm - 4:30pm	Workshop Series 2
4:40pm - 5:50pm	Workshop Series 3
6:00pm - 8:00pm	Keynote presentation & Dinner - <i>The Immigrant Experience - as an immigrant clinician and as an immigrant patient</i> - Salman Akhtar, MD

### Day 2 Sunday, June 11, 2017

8:15am - 8:45am	Registration, orientation, coffee & muffins
8:50am - 10:40am	Opening Remarks, Keynote Speaker & Q/A <b>Good Stuff: Gratitude</b> - with Salman Akhtar, MD
10:50am - 12:00pm	Workshop Series 1
12:10pm - 1:20pm	Lunch + ACAP/BGSP-NJ Open Discussion
1:30pm - 3:10pm	<b>Good Stuff: Forgiveness</b> - with Salman Akhtar, MD
3:20pm - 4:30pm	Workshop Series 2
4:40pm - 5:30pm	GENERAL SESSION DEBRIEF + RECEPTION

**FREE MA DEGREES SPECIAL EVENT Sunday 12:30 - 5:30pm**  
Master of Arts in Mental Health Counseling or Master of Arts in Psychoanalysis  
Interested in a degree where no GREs or standardized tests are required, and you are part of a highly mentored academic community?  
BGSP-NJ and ACAP invite you to join us in a discussion to:

- Learn why BGSP-NJ is your place for graduate studies
- Attend afternoon workshops to sample how BGSP-NJ/ACAP can make an immediate difference in approaches to work and personal life.

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## Day 1 Saturday, June 10, 2017

8:15am - 8:45am Registration, orientation, coffee & muffins

- 8:15am - 8:45am Registration, orientation, coffee & muffins  
8:50am - 9:00am Opening Remarks  
9:00am - 10:40am **Good Stuff: Generosity - with Salman Akhtar, MD**  
10:50am - 12:00pm **Workshop Series 1**  
Sa-1a - GRATITUDE: FORGET IT! - Vicki Semel  
  
Sa-1b - THE ROLE OF HEALTHY AND PATHOLOGICAL GENEROSITY IN PSYCHOTHERAPIST'S SELF-CARE PRACTICES - Annette Vaccaro  
  
Sa-1c - HUMILITY, THE NARCISSISTIC PERSONALITY, AND THE THERAPEUTIC ALLIANCE - Alice Weintraub  
  
Sa-1d - ON NEW SOIL: GUIDELINES FOR WORKING WITH IMMIGRANT PATIENTS - Eva Silver  
12:10pm - 1:20pm **Lunch + ACAP Discussion Session**  
1:30pm - 3:10pm **Good Stuff: Courage - with Salman Akhtar, MD**  
3:20pm - 4:30pm **Workshop Series 2**  
Sa-2a - PATIENCE WITH PATIENTS! THE IMPATIENT CLINICIAN AS A THERAPEUTIC INTERVENTION - Susan Saunders  
  
Sa-2b - THE GOOD, THE BAD, THE UGLY: Writing Through Opposing Lenses - Rosemary McGee and Nancy Gerber  
  
Sa-2c - FIRST STEPS: ESTABLISHING THE FRAME IN EARLY TREATMENT ENCOUNTERS - Judy Ashworth  
  
Sa-2d - HAPPINESS RULES: WHAT WE KNOW & ITS CLINICAL APPLICATIONS - Patricia Bratt  
4:40pm - 5:50pm **Workshop Series 3**  
Sa-3a - THE SHAKY DIVIDE: REVENGE & FORGIVENESS - Demetria DeLia  
  
Sa-3b - TECHNIQUES FOR WELCOMING THE DIFFICULT PATIENT - Patricia Bratt  
  
Sa-3c - COURAGE TO CONFRONT OUR OWN REACTIONS, FEELINGS AND THOUGHTS WORKING WITH BORDERLINE CLIENTS - Vicki Semel  
  
Sa-3d - DOMESTIC VIOLENCE: FORGIVE OR NOT TO FORGIVE, A QUESTION? - Mary Massaro  
  
6:00pm - 8:00pm **Keynote Presentaiton & Dinner**  
**The Immigrant Experience – as an immigrant clinician and as an immigrant patient - Salman Akhtar, MD**

## Day 2 Sunday, June 11, 2017

8:00am - 8:30am New registration, coffee & muffins

- 8:15am - 8:45am Registration, orientation, coffee & muffins  
8:50am - 9:00am Opening Remarks  
9:00 am- 10:40am **Good Stuff: Gratitude - with Salman Akhtar, MD**  
10:50am - 12:10pm **Workshop Series**  
Su-1a - DOMESTIC VIOLENCE: FORGIVE OR NOT TO FORGIVE, A QUESTION? - Mary Massaro  
  
Su-1b - HUMILITY, THE NARCISSISTIC PERSONALITY, AND THE THERAPEUTIC ALLIANCE - Alice Weintraub  
  
Su-1c - THE SHAKY DIVIDE: REVENGE & FORGIVENESS - Demetria DeLia  
  
Su-1d - FIRST STEPS: ESTABLISHING THE FRAME IN EARLY TREATMENT ENCOUNTERS - Annette Vaccaro  
12:10pm - 1:20pm **Lunch + ACAP Discussion Session**  
1:30pm - 3:10pm **Good Stuff: Forgiveness - with Salman Akhtar, MD**  
3:20pm - 4:30pm **Workshop Series 2**  
Su - 2a - THE GOOD, THE BAD, THE UGLY: Writing Through Opposing Lenses - Rosemary McGee and Nancy Gerber  
  
Su-2b - ON NEW SOIL: GUIDELINES FOR WORKING WITH IMMIGRANT PATIENTS - Eva Silver  
  
Su-2c - TECHNIQUES FOR WELCOMING THE DIFFICULT PATIENT - Judy Ashworth  
  
Su-2d - GRATITUDE: FORGET IT! - Vicki Semel  
4:30pm - 5:30pm **GENERAL SESSION DEBRIEF + RECEPTION**

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### **SPECIAL GRADUATE DEGREES EVENT Sunday 12:00 - 5:30pm**

Interested in an innovative, regionally accredited Master of Arts in Mental Health Counseling or Master of Arts in Psychoanalysis degree where no GREs or standardized tests are required, and you are part of a highly mentored academic community?

BGSP-NJ and ACAP invite you to join us in a discussion to:

- Learn why BGSP-NJ is your place for graduate studies
  - Attend afternoon workshops to sample how BGSP-NJ/ACAP can make an immediate difference in approaches to work and personal life.
- Register at event site or at [www.acapnj.org](http://www.acapnj.org). Further info about Special Event: 973-629-1002.

## GOOD STUFF:

Generosity, Courage, Gratitude,  
Resilience, Forgiveness

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Boston Graduate School  
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New Jersey

Want to help people and have a fulling career?

Welcome to  
**BGSP-NJ**  
in Livingston, NJ

Master of Arts in  
Mental Health Counseling

Master of Arts in Psychoanalysis

Bringing the best in regionally accredited graduate education - through NEASC, The New England Association of Schools and Colleges, Inc., and a curriculum approved by the New Jersey Professional Counselor Examiners Committee.

Our programs provide clinically intense experiences in small, nurturing groups with a high level of mentoring. No GREs or exams to apply. Career building assistance built into the programs. 100% of our graduates who apply for licensure have been accepted.

**Financial Aid Available.**  
[nj.bgsp.edu](http://nj.bgsp.edu)  
or call 973-629-1001



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**Further info about Special Graduate Degrees Event:  
973-629-1002 or [events@acapnj.org](mailto:events@acapnj.org)**

Register at [www.acapnj.org](http://www.acapnj.org) [nj.bgsp.edu](http://nj.bgsp.edu)

Our venue, Caldwell College in Caldwell, NJ is just 14 miles west of NYC and minutes from lovely hotels, Montclair's famous restaurants, music, theaters, comedy, museums, and hiking in the South Mt. Reservation. Exciting keynote speakers, many workshops to select from, good food, great networking and skill-building opportunities.



**ACAP**

*Academy of Clinical and Applied Psychoanalysis*  
301 S. Livingston Ave., Livingston, NJ 07039

## OUR MISSION

**"To promote potential and transform lives through applying the theory of the modern psychoanalytic technique".**

- *Academic Programs*
- *Applied Professional and Family Programs*
- *Mental Health Resource Programs*

[www.acapnj.org](http://www.acapnj.org) 973-629-1001



[www.naap.org](http://www.naap.org)

NAAP cosponsors this conference with BGSP-NJ and ACAP. The National Association for the Advancement of Psychoanalysis SWCPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for: licensed social workers #0168, and licensed psychoanalysts #P-0019.

Since 1972, the National Association for the Advancement of Psychoanalysis (NAAP) has successfully pursued its mission to unite the various schools of psychoanalytic thought and to insure the advancement, recognition and sustainability of the independent profession of psychoanalysis.



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Applied Psychoanalysis

### **Conference 2017 Faculty**

Judy Ashworth  
Patricia Harte Bratt  
Demetria DeLia  
Nancy Gerber  
Maurice Lovell  
Mary Massaro  
Rosemary McGee  
Susan Saunders  
Vicki Granet Semel  
Eva Silver  
Annette Vaccaro  
Alice Weintraub

### **Conference Committee**

Patricia Bratt  
Joan Castellano  
Lori Feigenbaum  
Mary Massaro  
Rosemary McGee  
Susan Saunders  
Vicki Semel  
Eva Silver

**EARLY REGISTRATION Discount - BY May 21st**  
**For information: 973-629-1002**  
**OR EMAIL: [events@acapnj.org](mailto:events@acapnj.org)**

\*See website for full workshop descriptions and faculty bios.

**Register at [www.acapnj.org](http://www.acapnj.org)**