

Dr. Alice Weintraub,  
12/2017

**Recognizing the therapeutic alliance as a healing part of  
working with recovery from addiction**

**A. CONTACT INFORMATION (ORGANIZATION OR INDIVIDUAL)**

1. **Applicant Name:**  
The Academy of Clinical and Applied Psychoanalysis (ACAP)
2. **Address:**  
301 South Livingston Avenue, Livingston, NJ 07039
3. **Daytime Phone:**  
973-629-1001
4. **Fax:**  
973-629-1003
5. **Website URL:**  
www.acapnj.org
6. **Contact Person:**  
Annette Vaccaro, LCSW
7. **Email:**  
Vaccaroaj@aol.com
8. **Daytime Phone:**  
973-629-7808
9. **Have you/your organization had individual course approval with other approval entities for the course in which you are submitting this application? If so, please include entity name, whether course was approved or denied and, if applicable, date approved and approval number:**

YES, Summer conference 2015 and January workshop 2014

**B. PRESENTER(S)**

(Please copy and paste resume in the appendix or upload as an attachment on the application submission page.)

1. **Presenter name(s):**  
Dr. Alice Weintraub, Psya.D.

2. **Presenter address(es):**  
301 South Livingston Avenue, Livingston, NJ 07039
3. **Email(s):**  
weintraub4@aol.com
4. **Phone:**  
201-346-1785
5. **Fax:**  
973-629-1003
6. **Presenter(s) license #:**  
  
Alice Weintraub, 44SL05586100LSW, P 48PA00001800 Certified Psychoanalyst  
State of New York in Psychoanalysis #000211-1  
Approved Clinical Supervisor: # ACS02309
7. **Presenter(s) NASW member ID #:**
8. **Describe relevant presenter qualifications as they pertain to course:**  
Alice Weintraub – Dr. Weintraub has a doctorate in psychoanalysis from BGSP, where she researched superficiality and repetitive need for impulsive, self-destructive behavior. She is apart of ACAP Faculty since 1999. Dr. Weintraub is an approved clinical supervisor. She is in private practice since 1988, specializing in addiction and the growth of a self. Dr. Weintraub has presented at ACAP conferences on this topic and given several workshops.

### **C. COURSE OVERVIEW**

1. **Course title:**  
Life after Death;  
Working with people recovering from addictive behavior; building a Self
2. **Course location:**  
ACAP, 301 South Livingston Avenue, Livingston, NJ 07039
3. **Course date(s):** 3/18 & 3/25
4. **Course description:**  
  
The course will support social workers and other licensed/certified mental health practitioners at intermediate and advanced levels in their work with people recovering from Addiction. Skills will be introduced which all therapists can apply to their clinical work with clients. Life without addictive behavior is a new life. Energy is used to build the self. Focus is used to accept the unacceptable and find new activities, which are satisfying the old desires and needs. It is a life of finding constructive behavior to replace the old, self-destructive behavior. A life where there is growing through talking and attaching to people rather a substance or activity such as gambling or exercise.

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5. **Include course/ outline. Outline must describe breaks, individual course segments, guided discussion and activities where applicable (meals, registration, breaks, business meetings, Q and A sessions, facility tours, awards presentations and other similar events are not eligible for credit):**

**Session 1: 3/18/2018**

Sunday

12:30-1:30: Introduction to the emotional needs of life without the repetition of addictive behavior

1:30-2:30 : Case Example Review demonstrating the use of reflecting back the patient's narcissism with joining techniques

**Session 2: 3/25/2018**

Sunday

12:30-1:30: The neuroscientific understanding of the social brain and it's needs; the development of attachment

1:30-2:30: Case Examples Review demonstrating the use of acceptance and joining techniques to develop an attachment

6. **Course length:  
2 sessions x 1.75 Hours = 3.5 Hours**
7. **Number of continuing education credits requested for course (one (1) credit for each hour of course work):  
3.5 Hours**
8. **Please describe registration process for potential attendees:  
Attendees will contact the ACAP events office by phone or e-mail to reserve a seat after verbal invitation, e-mail or newswire announcements are made. A registration form will be completed prior to course. Attendees will sign in upon registering the day of the event.**

**D. COURSE DELIVERY METHOD(S). INDICATE WITH AN "X"**

Live workshop/seminar

Video or audio conference (Must include a copy of your program for review by The CE Approval

Collaborative)

Webinar, Web enhanced presentation and discussion (Must include a copy of your program for review by The CE Approval Collaborative)

**E. COURSE OBJECTIVES:**

1. List specific, clear and concise learning objectives and/or outcomes for the course that are both behavioral and measurable:

The participants will:

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Recognition that Addiction is a time of loss of choice and loss of self and loss of self-respect. Recovery is the re-building of self-discipline, responsibility of choice and the development of one's ability to contain feelings, observe perceptions, emotions and experiences. It is a time of development of self-acceptance. This understanding will be illustrated in cases presentations as well as discussion of the readings.

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Demonstration of knowledge of the benefit of reflection of the patient's narcissism with joining techniques and object-oriented questions. Clinical material and workshop discussion will be use to demonstrate this process.

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Each student will be able to explain their individual challenges with the emotional induction of working with this population during class discussion

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**F. COURSE CONTENT:**

(Include a bibliography or reference list in the space provided below. If located in presenter resume, please copy and paste that information in the space provided below.)

1. List current references (within the past 5 years) as evidence of supporting research (bibliography).  
This is a required field. *Bibliography must be in APA format and at least half of the references must be current sources within the last 5 years.* (For APA Guide, see References here: <http://owl.english.purdue.edu/owl/resource/560/05/>)

Bernstein, J.(2013), Current trends in the treatment of narcissism: Spotnitz, Kohut, Kernberg. *Modern Psychoanalysis*, 38: 25- 49.

Bernstein, J.(2013), Anger: impulse and inhibition - impressions and reflections of a modern analyst. *Modern Psychoanalysis*, 38: 76-87.

Bernstein, J.(2013), Wasting time in analysis: the lure of repetition. *Modern Psychoanalysis*, 38: 88-99.

Bernstein, J.(2013), A resistance to getting better. *Modern Psychoanalysis*, 38:113-119.

Bratt, P. (2012). Consulting the Patient: The Art of Being Together: Perspectives on Technique and Therapeutic Field. *Mod. Psychoanal.*, 37:193-202

Cela, J. (2004). The Object-Oriented Question in Treatment and Everyday Life. *Annals of Modern Psychoanalysis*, 2(2), 207-230.

Shepherd, M (2012), Is change possible? theoretical and technical considerations in advanced resistant states. *Modern Psychoanalysis*, 37:1-10.

Shepherd, M (2014), Revisiting the repetition compulsion: danger and survival in early mental functioning. *Modern Psychoanalysis*, 39:56-69.

Tustin, Frances (1986), *Autistic Barriers in Neurotic Patients*. London: Karnac Books.

2. Describe how course content reflects current (within the last 5 years) literature, materials and references and how it relates to one or more of the social work educational areas as listed in guidelines:

**This course covers content relevant to specialized clinical knowledge in working with attachment skills in the area of recovery from addictive behavior. The curriculum focuses on work with the obsessive-compulsive, repetitive behavior of addiction and the need for attachment to another human being, the growth of connection in the therapeutic relationship and its implementation.**

**Addiction is a big problem for many people in our country, no matter what socio-economic level. People need to be taught to live without their addictive behaviors. Recovery doesn't just occur. Relapse is what keeps recurring. This workshop is meant to teach a better understand of the usefulness of talking in an emotionally significant way to heal a person's life; a life which has been dictated by addiction. It is meant to teach a therapeutic method when working with people in recovery. It will help participants incorporate a different view of the maladaptive mind, the motives behind these patterns, and techniques for engaging these individuals.**

3. Indicate the type of credits you are requesting:

Clinical     Non-clinical     Ethics     Social and Cultural Competence

3a. If you are seeking *clinical* credits, describe course clinical content (be specific) and identify actual instruction hours related to it:

**This training includes clinical intervention strategies within the understanding of human development. Cases for study are relevant to illustrate the application of theory to clinical practice.**

3b. If you are seeking *ethics* credits, describe course ethics content (be specific) and identify actual instruction hours related to it:

N/A

3c. If you are seeking *social and cultural competence* credits, describe course social and cultural competence content (be specific) and identify actual instruction hours related to it:

N/A

3d. If you are seeking *non-clinical* credits, describe course non-clinical content (be specific) and identify actual instruction hours related to it:

N/A

4. Please identify and explain the skill levels (beginning, intermediate or advanced) targeted by this program. Please be specific.

This course can be useful for social workers of intermediate levels. Theoretical perspective of modern psychoanalytic and clinical health psychology will inform clinicians of treatment techniques, as will the relevant readings, current research, and real life case scenarios which can be applied in clinical settings, private practice, schools and agencies. The course content relates directly to applicable areas defined in Social Work Regs 13:44G-6.3: Theories and concepts of human behavior and the social environment; and Social work practice, knowledge and skills.

#### **G. EVALUATION (ALL COURSE FORMATS, INCLUDING CONFERENCES AND DISTANCE LEARNING):**

1. Please include a copy of your evaluation, *in accordance with guideline specifications*, by copying your original Microsoft Word document and pasting it in the appendix. Or upload a PDF version as an attachment on the application submission page.

**See Appendix G-1**

#### **H. RECORDS & ATTENDANCE:**

1. Please include a copy of your sample certificate, *in accordance with guideline specifications*, by copying your original Microsoft Word document and pasting it in the appendix. Or upload a PDF version as an attachment on the application submission page.

**See Appendix H-1**

2. Please include a copy of your sample sign-in sheet, *in accordance with guideline specifications*, by copying your original Microsoft Word document and pasting it in the appendix. Or upload a PDF version as an attachment on the application submission page.

**See Appendix H-2**

#### **I. PROMOTION AND ADVERTISING:**

1. Please include a copy of ALL course promotional materials, *in accordance with guideline specifications*, by copying your original Microsoft Word document and pasting

it in the appendix. Or upload a PDF version as an attachment on the application submission page. Be sure to include a link to your website page with promotional information, if applicable.

**See Appendix I-1**

**J. COMPLAINTS/GRIEVANCES:**

1. Describe your process for responding to complaints and/or grievances from participants regarding course content:

**Any participant with a complaint or grievance is encouraged to discuss it first with the Presenter; participants will receive the presenter's phone and e-mail contacts for confidential consultation if necessary. Receipt of a certificate of attendance is contingent upon completion of course hours and a course evaluation. Certificates are given out at the conclusion of the final session when a completed evaluation is submitted to the program administrator**

**If you are not satisfied with this program and have filed a grievance with the Academy of Applied and Clinical Psychoanalysis and are still not satisfied, please send your grievance in writing to NASW-NJ, Attn: Continuing Education Coordinator, 30 Silverline Dr, North Brunswick Township, NJ 08902  
Phone:(732) 296-8070 or visit "http://www.naswnj.org" and click the link to file a grievance or email mail to:ceapproval@naswnj.org"**

2. Describe your process for responding to refund requests:

**Cancellations and refunds are required before the first class meeting. The cost of participation is \$350 per person.**

**Refunds can be addressed to: Events at ACAP 973-629-1001 or [events@acapnj.org](mailto:events@acapnj.org)**

**K. CE APPROVAL COLLABORATIVE AGREEMENT**

Please indicate agreement with "X" placed on line next to each item.

X I understand that the information in this document will remain confidential, subject to disclosure within The CE Approval Collaborative, upon request, necessary to comply with assessment criteria. Disclosure outside the CE Approval Collaborative will be subject to legal mandates, and with permission as advised by The CE Approval Collaborative counsel or a court of competent jurisdiction.

X I certify that the information provided herein is accurate and, if approved, I agree to abide by all the criteria outlined in this application.

X I understand that the selection of the appropriate application fee and payment thereof is non-refundable. Should this course be approved, approval is valid for the biennial licensing period in which it was submitted. During which time, the approved course can be offered an unlimited number of times as long as there are no content changes. Should I wish to offer the course following the expiration of the approval, I understand that I must

resubmit my application indicating that there are no content changes and pay a renewal fee of \$75.

X I have read and approved this application, and verify that the information provided herein is accurate, consistent with social work ethical conduct and core values as defined in the "Explanation of Terms."

Electronic Signature of Applicant (Please select a unique 5-digit pin number to be used as your signature):

**Annette Vaccaro 07039**

Name of Applicant:

**The Academy of Clinical and Applied Psychoanalysis, Annette Vaccaro**

Date: **March 17, 2017**

#### APPENDIX

Provide supporting material for your proposal here. You may cut and paste all supporting materials here. Be sure to clearly number and label according to the section it supports. Please also ensure that all items are in order as they appear in the application.

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**Instructions: Save this document entitled with the name of your course as the file name.** Be sure to add to the end of this application any additional required documents as extra pages. When completed, visit [www.naswnj.org](http://www.naswnj.org) and complete the CE Approval Submission Page, make payment, and attach this completed document.

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### **Appendix B. Presenters Resume**

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***Dr. Alice Weintraub, PsyaD., LSW***

***7 Winthrop Place***

***Leonia, N.J. 07605*** 201-346-1785, [weintraub4@aol.com](mailto:weintraub4@aol.com)

**Fall 2016**

#### **Licenses:**

State of New Jersey: Certified Psychoanalyst #48PA00001800

State of New York in Psychoanalysis #000211-1

Approved Clinical Supervisor: # ACS02309

Licensed Social Worker in New Jersey #44SL05586100

Certified Social Worker in New York State #021945-1

New York Education Certification #212489352 (1975) K-12 and special classrooms

#### **Educational experiences:**

2013-2016: Boston Graduate School of Psychoanalysis: Psya.D.

1976-1997: The Center for Modern Psychoanalytic Studies: P-970529  
1976-1978: Columbia University, MSW  
1972-1973: Case Western Reserve University: Masters of Education, K-12 and Special Ed  
1969-1972: Case Western Reserve University: BA in child psychology

**Work experiences:**

1988-present: private practice  
1999-present: faculty at The Academy of Clinical and Applied Psychoanalysis  
1998-2001 The Little Rock Learning Center, consultant  
1991-1994: The Children's Aid Society; consultant  
1988-1991: The Wayne Jewish Family Service  
1987-1988: The Yonkers Family Service  
1985-1987: Marlboro Psychiatric Hospital: volunteer work  
1988-1993: The Studio Elementary School  
1977-1978: Westchester Jewish Community Services  
1976-1977: Childville  
1974-1976: Long Island College; Montessori School for Special Children

**Psychoanalytic Teaching Experiences:**

The Academy of Clinical and Applied Psychoanalysis Faculty: 1999-present  
Brooklyn Seminars: 1998-2002  
The Center for Modern Psychoanalytic Studies; advisor: 1999-2001

**Associations:**

Society for Modern Psychoanalysis  
Alumni Association CMPS

**Papers and Talks:**

"The Meaning and Purpose of Superficiality" 2016  
"Addiction" 2014 and 2015  
"Addiction" 2010  
"Treatment of Addictive Behavior" 2009  
"Is It Possible to Be a Separate Person Without Attachment?" 2002  
"What Motivates the Need to Be Favorite and Best?" 1997

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