

The **One Year Program** consists of four courses over one year and provides an opportunity for clinical practitioners and professionals in various disciplines to enhance their clinical skills by introducing them to innovative, Modern Psychoanalytic principles, theories, and techniques. Students learn effective ways to design interventions to reverse maladaptive emotional and behavioral patterns, and quickly begin to master new, practical clinical skills that can profoundly impact work with clients by promoting a collaborative, self-defining approach to growth. ACAP's methods for working in challenging situations can make the difference between burnout and career satisfaction through covering basic concepts in modern psychoanalysis. Participants receive a certificate of completion at the end of each course.

Tuition for the One-Year Program: \$350 per course

Instructor: Judy Ashworth

COURSE OFFERINGS:

ACAP111 Maturation Process: Early Developmental Failures

Tuesdays 7:10-8:55pm

Meets six dates: Meets six dates: September 4, 11, 18, 25, October 2, 9, 2018

This course will cover the developmental failures which begin at birth and result in fixations and regressions during the psychosexual stages of life. Recognizing these deficits in the clinical setting provides knowledge regarding treatment planning, intervention strategies and evaluation. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7723*

ACAP112 Analytic Listening

Tuesdays 7:10-8:55pm

Meets six dates: October 23, 30, November 6, 13, 20, 27, 2018

This course introduces students to the unique way that a clinician listens as a psychoanalytic psychotherapist. By allowing clients to introduce topics without interference, the clinician listens to the client's story, mode of communication and the story that is not being told. The untold story is analyzed silently as the unconscious communication is reported in dreams, projections, defense mechanisms, resistances and transference communications. After listening attentively, the clinician intervenes with questions, not interpretations, in order to strengthen the ego. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7755*

ACAP113 Treatment of Impulse and Obsessive Disorders

Tuesdays 7:10-8:55pm

Meets six dates: February 5, 12, 19, 26, March 5, 12, 2019

This course will present a clinical diagnostic category each week at an advanced level. Addictions, obsessive compulsive disorder, intermittent explosive disorder and other disorders of impulse will be presented. The course prepares clinicians to work psychoanalytically with a wide range of presenting symptoms and offers perspectives from other mental health disciplines. The recognition of dynamics, early resistances, transference and countertransference issues will be addressed in order to establish a working alliance with the client. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7760*

ACAP114 Transference and Countertransference: The Effect of Culture

Tuesdays 7:10-8:55pm Meets six dates: March 26, April 2, 9, 16, 23, 30, 2019

The course prepares social workers and other mental health professionals to work psychoanalytically with respect, awareness and techniques that bridge the gap between clinicians and clients who are from diverse backgrounds or stages of life. The recognition of dynamics, early resistances, transference and countertransference issues will be addressed in order to establish a working alliance with the client. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7761*

ACAP – Academy of Clinical and Applied Psychoanalysis

2018-2019 ONE YEAR PROGRAM REGISTRATION FORM

Name _____

Address _____

City State Zip _____

Home Phone _____

Cell Phone _____

Email Address _____ Date of Birth _____ Sex _____

Profession: _____ CE's needed, NASW or NBCC _____

Emergency Contact _____

How did you hear about ACAP? _____

Course # (please circle)	Course Title	Fee
I	ACAP111 Maturation Process: Developmental Failures: Early Developmental Failures \$350	
II	ACAP112 Analytic Listening \$350	
III	ACAP113 Treatment of Impulse and Obsessive Disorders \$350	
IV	ACAP114 Transference and Countertransference: The Effect of Culture \$350	

Refund Policy: Before 1st class meeting: 100% tuition refund Please make checks payable to ACAP	Total
	Payment

Student Signature _____ Date _____