



And



Boston Graduate School  
of Psychoanalysis  
New Jersey

# FAMILY MATTERS

and

**iStrive**

*Presentation/Dinner*

A Conference June 1-2, 2019

Full brochure, CE info, and registration:  
[www.acapnj.org](http://www.acapnj.org) or call: 973-629-1002

# FAMILY MATTERS: Conflict to Collaboration

16 CE Hours  
For Full Conference

Saturday, June 1 -  
Sunday, June 2, 2019



A Weekend of Workshops  
and  
a Sunday Presentation & Dinner  
with the  
**iStrive Group**



**ACAP & BGSP-NJ**

co-sponsoring with

**NAAP**

National Association for Advancement of Psychoanalysis



# FAMILY MATTERS:

Workshops, Presentations, iStrive

Register at [www.acapnj.org](http://www.acapnj.org)

Please register as early as possible. Workshop choices are reserved on a "first come basis". Questions email [events@acapnj.org](mailto:events@acapnj.org) or call ACAP Events: 973-629-1002 or ACAP Main Office 973-629-1001.



And



Boston Graduate School  
of Psychoanalysis  
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KEYNOTE PRESENTATIONS  
Saturday & Sunday, June 1-2, 2019

## **FAMILY MATTERS: Conflict to Collaboration**

*A weekend of Daytime Sessions  
Saturday Keynote with  
Patricia Harte Bratt*

Plus 20 workshops from which to choose  
and on  
SUNDAY 4:15pm

### **iStrive Program Presentation**

A program and a dinner of special thanks, to update those who have supported the iStrive program for young adults on the autism spectrum in its inaugural year...

With words, film, photos from:  
Participants, Staff & Parent Speakers  
[www.acapnj.com/istrive](http://www.acapnj.com/istrive)

*followed by  
Sunday Dinner for all.*

*Opening remarks:  
Vicki Semel, Executive Director*

Saturday Keynote

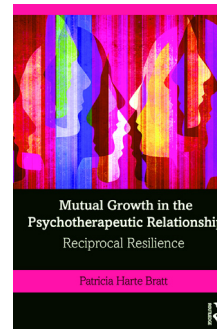
### **Reciprocal Resilience: A Family Affair**

**Patricia Harte Bratt**



What makes some people and families more resilient than others? How do clinicians, educators, first responders cope with repeatedly listening to the traumatic or overwhelming stories they hear in the course of their work? What might drive them to continue this difficult work, despite all the challenges?

Patricia Bratt demonstrates through current cases and from her recently released book, *Mutual Growth in the Psychotherapeutic Relationship: Reciprocal Resilience*, how we can listen and interact in ways that promote growth in both the listener and the heard.



According to Dr. Bratt, "We can help build resilience in people, families, and groups. They can become resilient in the true meaning of the word, to both adapt and learn to use adverse events as moments of growth. Just as important there are tools we can use in clinical supervision and training of mental health professionals and educators. These strategies can promote a process of Reciprocal Resilience in which each party can grow, enabling them to experience some surprising benefits from the work they do."

Patricia Bratt, a psychoanalyst, and an ACS supervisor, practicing in Livingston, NJ and NYC, is a Director, Faculty, and Training Supervisor of the Academy of Clinical and Applied Psychoanalysis (ACAP), and the Boston Graduate School of Psychoanalysis-NJ. Dr. Bratt is President of the National Association for the Advancement of Psychoanalysis (NAAP), and of the NJ State Advisory Committee for Psychoanalysis. Her book, *Mutual growth in the Psychotherapeutic Relationship: Reciprocal Resilience*, was released by Routledge in 2019.

## Looking for a rewarding new career?

Our partnership with Boston Graduate School of Psychoanalysis brings two new regionally accredited degree programs to New Jersey...

...The Master of Arts in Mental Health Counseling and Master of Arts in Psychoanalysis.

Check them out at [NJ.BGSP.edu](http://NJ.BGSP.edu)

## EARLY BIRD DISCOUNT!

with registration by 5/17/2019

Full conference fee - \$250 (Save \$100)

Saturday \$175 includes lunch/reception

Sunday \$175 includes dinner

**iStrive invitees**  
are the dinner program guests of iStrive

Registration  
- [www.acapnj.org](http://www.acapnj.org) -

973-629-1002 or email [events@acapnj.org](mailto:events@acapnj.org)

## CONFERENCE SCHEDULE

### Day 1 Saturday, June 1, 2019

8:15am - 8:45am	Registration, orientation, coffee & nibbles
8:50am - 9:00am	Opening Remarks
9:00am - 10:30am	<b>General Session:</b> <b>Reciprocal Resilience: A Family Affair</b> <i>with Patricia Bratt</i>
10:45am - 12:15pm	Workshop Series 1
12:20pm - 1:00pm	Lunch
1:15pm - 2:45pm	Workshop Series 2
3:00pm - 4:30pm	Workshop Series 3
4:30pm - 6:00pm	<b>Debrief at Wine and Cheese Reception</b>

### Day 2 Sunday, June 2, 2019

12:00pm - 12:30pm	Registration
12:45pm - 2:15pm	Workshop Series 1
2:30pm - 4:00pm	Workshop Series 2
4:15pm - 7:00pm	<b>iStrive Presentation</b> <b>Dinner</b>

Master of Arts in Mental Health Counseling or Master of Arts in Psychoanalysis. Interested in a regionally accredited degree where no GREs or standardized tests are required, and you are part of a highly mentored academic community?

BGSP-NJ and ACAP invite you to join us in a discussion at lunch to:

- Learn why BGSP-NJ is your place for graduate studies
- Attend afternoon workshops to sample how BGSP-NJ/ACAP can make an immediate difference in approaches to work and personal life.

### Conference Fees After 5/17:

Full 2-day Conference = \$350  
(including keynotes & workshops each day, Lunch Saturday, Saturday reception, and Sunday dinner)

Saturday = \$200 Including lunch, wine and cheese reception

Sunday = \$200 including dinner

**iStrive invitees please register your attendance online**  
**or call 973-629-1002 for assistance.**

CE certificate processing: \$20/day or \$35/full conference

## Day 1 Saturday, June 1, 2019

8:15am - 8:45am Registration, orientation, coffee & muffins

8:15am - 8:45am Registration, orientation, coffee & muffins

8:50am - 9:00am Opening Remarks - Vicki Semel

9:00am - 10:30am Keynote -  
*RECIPROCAL RESILIENCE: A Family Affair - with Patricia Bratt*

### 10:45am - 12:15pm Workshop Series 1

Sa-1a - WRITING FAMILY STORIES: FROM MYTH TO TRUTH  
- Rosemary McGee

Sa-1b - MOTHERS & DAUGHTERS - Annette Vaccaro

Sa-1c - DUALITY: HELPING CHILDREN WITH SPECIAL NEEDS  
NAVIGATE THE DIGITAL WORLD - Tom Tufaro

Sa-1d - INSTILLING CONFIDENCE IN GIRLS - Judy Lapides

12:20pm - 1:pm Lunch

### 1:15pm - 2:45pm Workshop Series 2

Sa-2a - INTERGENERATIONAL TRAUMA: THE INVISIBLE WEIGHT OF  
TRAUMA NOT EXPERIENCED FIRST HAND - Eva Silver

Sa-2b - ANXIETY, PRESSURES WITH FAMILIES AND ADOLESCENTS  
- Karen Lazar

Sa-2c - MONEY MATTERS - Lillesol Kane

Sa-2d - COUPLES IN CONFLICT - Patricia Bratt

### 3:00pm - 4:30pm Workshop Series 3

Sa-3a - WORKING WITH BI-RACIAL FAMILIES - Glenmore Bemby

Sa-3b - TREATING BORDERLINE PERSONALITY DISORDER - George Grant

Sa-3c - DEALING WITH DIFFICULT PARENTS - Lisa Thomas

Sa-3d - A CLINICAL APPROACH TO GRANDPARENTING:  
HOW TO BE THE BEST GRANDPARENT EVER - Vicki Semel

4:45pm - 6:00pm Wine and Cheese Reception

## Day 2 Sunday, June 2, 2019

12pm - 12:30pm New registration

12:00pm - 12:30pm Registration

### 12:45pm - 2:15pm Workshop Series 1

Su-1a - INSTILLING CONFIDENCE IN GIRLS - Judy Lapides

Su-1b - WRITING FAMILY STORIES: FROM MYTH TO TRUTH  
- Nancy Gerber and Rosemary McGee

Su-1c - DEALING WITH DIFFICULT PARENTS - Lisa Thomas

Su-1d - MONEY MATTERS - Lillesol Kane

### 2:30pm - 4:00pm Workshop Series 2

Su-2a - TREATING BORDERLINE PERSONALITY DISORDER - George Grant

Su-2b - DUALITY: HELPING CHILDREN WITH SPECIAL NEEDS  
NAVIGATE THE DIGITAL WORLD - Tom Tufaro

Su-2c - MOTHERS-IN-LAW AND DAUGHTERS-IN-LAW - Demetria DeLia

Su-2d - MOTHERS & DAUGHTERS - Annette Vaccaro

### 4:15pm - 7:00pm iStrive Film and Speakers

Interested in an innovative, regionally accredited Master of Arts in Mental Health Counseling or Master of Arts in Psychoanalysis degree where no GREs or standardized tests are required, and you are part of a highly mentored academic community?

BGSP-NJ and ACAP invite you to join us in a lunchtime discussion to:

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# FAMILY MATTERS:

*Conflict to Collaboration*

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Boston Graduate School  
of Psychoanalysis  
New Jersey

AT ACAP

Welcome to  
**BGSP-NJ**  
in Livingston, NJ

Master of Arts in  
Mental Health Counseling

Master of Arts in Psychoanalysis

Bringing the best in regionally accredited graduate education - **BGSP-NJ**, The Boston Graduate School of Psychoanalysis, is accredited by The New England Commission of Higher Education (NECHE), by the US Department of Education (USDOE) as the regional accreditor for the six New England states.

The BGSP-NJ curriculum is approved by the New Jersey Professional Counselor Examiners Committee.

Our programs provide clinically intense experiences in small, nurturing groups with a high level of mentoring. No GREs or exams to apply. Career building assistance built into the programs.

100% of our graduates who apply for licensure have been accepted.

**Financial Aid Available.**

[nj.bgsp.edu](http://nj.bgsp.edu)  
or call 973-629-1001



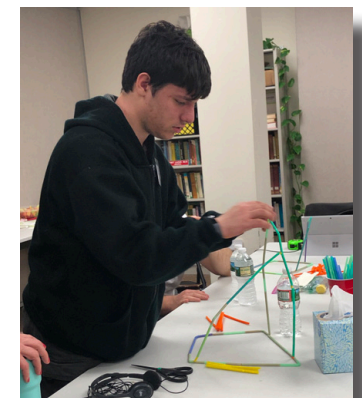
301 S. Livingston Ave. Livingston, NJ 07039

**iStrive**  
Enriching the Lives  
of Young Adults on  
the Autism Spectrum

ACAP's **iSTRIVE** is the first Saturday program for young adults on the autism spectrum offered in Essex County. This expansive model will provide social-emotional and vocational and prevocational mentorship, empowering neuro-diverse young adults to overcome obstacles that prevent them from reaching their full potential.

This program meets the needs of aging out students who may have no other place to turn for services and weekend programming and provides the much needed support and respite for the family members who have a child with Autism Spectrum Disorder.

Career networking and community awareness building, coupled with our interactive process, enables participants to continue to grow using opportunities provided to begin a fully satisfying and productive adulthood.





Register at [www.acapnj.org](http://www.acapnj.org)

Our venue, Caldwell College in Caldwell, NJ is just 14 miles west of NYC and minutes from lovely hotels, Montclair's famous restaurants, music, theaters, comedy, museums, and hiking in the South Mt. Reservation. Exciting keynote speakers, many workshops to select from, good food, great networking and skill-building opportunities.



## Continuing Education (CE)

**ACAP**, Academy of Clinical and Applied Psychoanalysis (ACAP) is an NBCC Approved Continuing Education Provider, approval #5709, and may offer [NBCC-approved clock hours](#) for events that meet NBCC requirements.

ACAP solely is responsible for all aspects of the program. AS such, ACAP is an approved provider of Continuing Education Hours for: Mental Health Counselors, Art Therapists, Marriage and Family Therapists. ACAP's courses, workshops, and conferences provide Continuing Education opportunities for participants.

ACAP is [approved by the American Psychological Association](#) to sponsor continuing education for psychologists. ACAP maintains responsibility for this program and its content.

ACAP, many of ACAP's courses and workshops are approved for Continuing Education hours by NJNASW and ASWB, as well as when in partnership with BGSP-NJ. Please contact [events@acapnj.org](mailto:events@acapnj.org) if you wish further information about this.

ACAP is an approved provider of continuing nursing education by [New Jersey State Nurses Association](#), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (P297-4/30/2019)

**BGSP-NJ**, The Boston Graduate School of Psychoanalysis is accredited by the The New England Commission of Higher Education (NECHE), by the US Department of Education (USDOE) as the regional accreditor for the six New England states. As such, and in partnership with ACAP, Academy of Clinical and Applied Psychoanalysis, it is an approved provider of [Social Work Continuing Education Hours](#) for New Jersey Social Workers, as well as many other states, including Pennsylvania. BGSP-NJ's courses, workshops, and conferences provide Continuing Education opportunities for participants.

[www.naap.org](http://www.naap.org)



NAAP cosponsors this conference with BGSP-NJ and ACAP. The National Association for the Advancement of Psychoanalysis SWCPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for: licensed social workers #0168, and licensed psychoanalysts #P-0019. [www.naap.org](http://www.naap.org)

Since 1972, the National Association for the Advancement of Psychoanalysis (NAAP) has successfully pursued its mission to unite the various schools of psychoanalytic thought and to insure the advancement, recognition and sustainability of the independent profession of psychoanalysis.



ACAP  
Academy of Clinical &  
Applied Psychoanalysis

And



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New Jersey

## Conference 2019 Presenters

Glenmore Bemby  
Patricia Harte Bratt  
Demetria DeLia  
Nancy Gerber  
George Grant  
Lillesol Kane  
Judy Lapidès  
Karen Lazar  
Rosemary McGee  
Vicki Granet Semel  
Eva Silver  
Annette Vaccaro  
Lisa Thomas  
Tom Tufaro

## Conference Committee

Patricia Bratt  
Lori Feigenbaum  
Rosemary McGee  
Susan Saunders  
Vicki Semel  
Eva Silver  
Annette Vaccaro

**EARLY REGISTRATION Discount - BY May 17th**  
**For information: 973-629-1002**  
**OR EMAIL: [events@acapnj.org](mailto:events@acapnj.org)**

\*See website for full workshop descriptions.

Register at [www.acapnj.org](http://www.acapnj.org)