

The **One Year Program** consists of four courses over one year and provides an opportunity for clinical practitioners and professionals in various disciplines to enhance their clinical skills by introducing them to innovative, Modern Psychoanalytic principles, theories, and techniques. Students learn effective ways to design interventions to reverse maladaptive emotional and behavioral patterns, and quickly begin to master new, practical clinical skills that can profoundly impact work with clients by promoting a collaborative, self-defining approach to growth. ACAP's methods for working in challenging situations can make the difference between burnout and career satisfaction through covering basic concepts in modern psychoanalysis. Participants receive a certificate of completion at the end of each course. Students may register for the entire program or individual courses.

Tuition for the One-Year Program: \$350 per course

Instructor: Dr. Nancy Gerber

COURSE OFFERINGS:

ACAP111 Maturation Process: Early Developmental Failures

Wednesdays 6:00 – 7:30pm meets September 11, 18, 25, October 2, 16, 23, 2019

This course meets on six dates and will cover the developmental failures which begin at birth and result in fixations and regressions during the psychosexual stages of life. Recognizing these deficits in the clinical setting provides knowledge regarding treatment planning, intervention strategies and evaluation. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7723-7/16-18. 10 NASW-NJ approved CEUs for social workers #180506-1037. ACAP is an approved provider of CEU's for APA and for NJ state certified psychoanalysts.*

ACAP112 Analytic Listening

Wednesdays 6:00 – 7:30pm meets November 6, 13, 20, December 4, 11, 18, 2019

This course meets on six dates and will introduce students to the unique way that a clinician listens as a psychoanalytic psychotherapist. By allowing clients to introduce topics without interference, the clinician listens to the client's story, mode of communication and the story that is not being told. The untold story is analyzed silently as the unconscious communication is reported in dreams, projections, defense mechanisms, resistances and transference communications. After listening attentively, the clinician intervenes with questions, not interpretations, in order to strengthen the ego. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #755-11/16-18. 10 NASW-NJ approved CEUs for social workers #180506-1031. ACAP is an approved provider of CEU's for APA and for NJ state certified psychoanalysts.*

ACAP113 Treatment of Impulse and Obsessive Disorders

Wednesdays 6:00 – 7:30pm meets January 22, 29, February 5, 12, 19, 26, 2020

This course meets on six dates and will present a clinical diagnostic category each week at an advanced level. Addictions, obsessive compulsive disorder, intermittent explosive disorder and other disorders of impulse will be presented. The course prepares clinicians to work psychoanalytically with a wide range of presenting symptoms and offers perspectives from other mental health disciplines. The recognition of dynamics, early resistances, transference and countertransference issues will be addressed in order to establish a working alliance with the client. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7760-1/17-19. 12 NASW-NJ approved CEUs for social workers #181206-0145. ACAP is an approved provider of CEU's for APA and for NJ state certified psychoanalysts.*

ACAP114 The Effects of Cultural Transference and Countertransference in Treatment

Wednesdays 6:00 – 7:30pm meets March 11, 18, 25, April 1, 15, 22, 2020

The course meets on six dates and prepares social workers and other mental health professionals to work psychoanalytically with respect, awareness and techniques that bridge the gap between clinicians and clients who are from diverse backgrounds or stages of life. The recognition of dynamics, early resistances, transference and countertransference issues will be addressed in order to establish a working alliance with the client. *10 NBCC approved CE hours for counselors, marriage & family therapists & art therapists. 10.5 NJSNA approved CE's for nurses #7761-1/17-19. 10 NASW-NJ approved CEUs for social workers #181206-0143. ACAP is an approved provider of CEU's for APA and for NJ state certified psychoanalysts.*

ACAP – Academy of Clinical and Applied Psychoanalysis

2019 - 2020 ONE YEAR PROGRAM REGISTRATION FORM

Name

Address

City State Zip

Home Phone

Cell Phone

Email Address

Date of Birth

Sex

Profession:

CE's needed, NASW or NBCC

Emergency Contact

How did you hear about ACAP?

Course # (please circle)	Course Title	Fee
I	ACAP111 Maturation Process: Developmental Failures: Early Developmental Failures \$350	
II	ACAP112 Analytic Listening \$350	
III	ACAP113 Treatment of Impulse and Obsessive Disorders \$350	
IV	ACAP114 The Effects of Cultural Transference & Countertransference in Treatment \$350	
		Total
<p>Refund Policy: Before 1st class meeting: 100% tuition refund Please make checks payable to ACAP</p>		Payment

Student Signature

Date
